

**OUR PARISH**

Contact the Parish Pastoral Council through the office email.

**OUR PARISH MISSION:**

"All the Church, all the Gospel, all the people, all the time"

**OUR PARISH VISION:**

All the Church - we will **WORSHIP** with an open heart.

All the Gospel - we will celebrate the **WORD** with joy.

All the People - we will care for the **WELFARE** of all.

All the Time - we will maintain our **WORKS** with integrity.

**OUR PARISH SCRIPTURE**

"Refresh my heart in Christ" - Philemon 1:20b

**OUR PARISH SAFEGUARDING COMMITMENT**

MHoC Parish & the Archdiocese of Canberra & Goulburn are committed to the care, wellbeing & protection of children, young people & people at risk in our community. If you need to communicate any concerns, please contact one of our Parish Safeguarding Contacts displayed on the posters on the main church notice boards & our website.

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 **Our parish is supported by CCTV and S1 Security. Smile!**

**THIS WEEK IN THE PARISH (13 - 19 September)**

**Remember to turn your phones off when in the church. A prayerful silence is respectfully requested as we gather to celebrate Eucharist.**

**Sacred Heart Church Mass & CS Times:**  
**The Exaltation of the Holy Cross Psalter Wk 4, Yr C/1**  
**Safeguarding Sunday**

Sat: 5.35pm Rosary, 6:00pm **Mass**  
Sun: 8.30am & 10am **Mass**  
Mon: 8.30am **CS** Tues: 5.30pm **Mass**  
Wed: 8.30am **Mass** Thu: 8.30am **Mass**  
Fri: 8.45am Morning Prayer of the Church,  
9.00am Rosary, 9.30am **Mass**  
11.30am **Funeral Mass- Paul Christie**  
5.00pm - 6.00pm Evening Prayer & Adoration

**The Pines Living, Farrer, Mass** 11am held on the last Thursday of the month. **Note Next date: 25 Sep.**  
**Goodwin Village, Mass** 9.30am held on the last Saturday of the month. **Next date 27 Sep.**

**RECONCILIATION (Confession):**

**Saturdays 11am-12pm** (or by appointment).

**FATIMA DEVOTIONS: Next date: Sat 4 Oct 2025**

'The Five First Saturdays' Held on the 1st Saturday of the month: **Mass 9.30am**, followed by **confessions** with **benediction 10.30am**, concluding with a **Marian Movement of Priests cenacle**. See blue flyer.

**BAPTISMS:** Baptism information please see our website or contact the parish office.

**WEDDINGS:** By appointment, at least 6 months notice is essential. Phone the Office for details.

**The BLESSED SACRAMENT CHAPEL**

is open daylight hours each day for Adoration & quiet prayer. The chapel is not to be used while Mass is being celebrated. Please do not leave cut flowers or candles in the Chapel.



**Mary Help of Christians Parish**  
**South Woden, PEARCE ACT**

Parish Priest: Father Emil Milat

Parish Office: 115 Hodgson Cres, PEARCE ACT 2607 Ph: 02 6286 1908

Office Manager: Melanie Kerr

Office Hours: 9am – 3pm Tuesday - Friday; (Closed from 1pm Wednesday)

Parish email address: [wodensouth@cg.org.au](mailto:wodensouth@cg.org.au)

WEBSITE address: [www.mhoc.org.au](http://www.mhoc.org.au)

Sacramental Programmes: Christina Erwin - [wodensouth.sacraments@cg.org.au](mailto:wodensouth.sacraments@cg.org.au)

For information on how to join planned giving or donate to our parish see our website: [www.mhoc.org.au/planned-giving/](http://www.mhoc.org.au/planned-giving/)

*Our parish acknowledges & celebrates the original custodians of this sacred land & we commit ourselves to the ongoing journey of reconciliation.*



**Shepherd's Corner**

**Safeguarding Sunday** is on this weekend. This is when we highlight the need to protect our children by establishing a safe environment & culture for them.



There has been a lot of coverage in the media recently regarding children's safety & initiatives by the Government to improve their safety. During the week I heard that over 30,000 children seek accommodation support each year. As we celebrate the *Triumph of the Cross* we pray that we establish the safest culture in our church and society for all children. *God's blessing Fr Emil*

**U-turn Youth Team visit:** Wednesday 17 Sept, a gathering for youth & young adults from 6pm onwards in the Parish Hall & Church (parents to please sign anyone under 18 in). A night of fun, Pizza, Christian testimonies & prayer. Held in the parish hall & church. Please come along & contact Fr Emil [emil.milat@cg.org.au](mailto:emil.milat@cg.org.au) with any questions.



**Synodal Formation Series** Explore **What** synodality, evangelisation & charisms actually mean through input from Archbishop Christopher, panel of practitioners & Conversation in the Spirit.

**When: Session 1: Synodality:** How can I grow in practicing synodality & share this with my community?  
**18 Sep 5:30-8:30pm**

**Session 2: Evangelisation:** How do we approach evangelisation in a synodal way? **21 Oct 5:30-8:30pm**

**Session 3: Charisms:** How can I grow as a missionary disciple, living & leading through my charisms?  
**20 Nov 5:30-8:30pm REGISTER** for each session via the link: [www.cgevangelisation.org.au/events/series](http://www.cgevangelisation.org.au/events/series)

**Coming up in the Parish:**

**Tuesday 16 September**

- ♦ MenALIVE - Hall - 7-8am, Morning Men's Group
- ♦ Parish Pastoral Council - 6.15pm Church Room

**Wednesday 17 September**

- ♦ School of Religion - Hall/Church - 4pm
- ♦ U-turn Youth Team visit - Hall/Church - see notice

**Thursday 18 September**

- ♦ Friendship group - Outing to Sutton Bakery
- ♦ Baptism Preparation - 7pm - Hall

**Sunday 21 September**

- ♦ Children's Liturgy during the 10am Mass

**Father's Day Appeal -**

**Collection for our retired**

**priests:** We have 24 retired priests in our Archdiocese who are supported financially by the Clergy Retirement Foundation. Your donations provide ongoing financial support toward their health insurance, out of pocket medical bills, accommodation & general financial assistance as needed. *Gifts over \$2 are tax deductible.*

**Please support our retired priests via:**

- Link: [www.cgatholic.org.au/donate](http://www.cgatholic.org.au/donate)
- On the Qkr! App under "Special Appeals"
- By envelopes in the church & entrances
- By calling: (02) 6239 9876
- Or use the QR Code

'In old age they will still bear fruit' Psalm 92:15

**Thank you** for taking care of our priests in their retirement.



**Please remember all of our faithful departed:**

**Recent deceased:** Jimmy Abraham, Paul Christie & Kyle Glenn Escleto.

**Anniversaries:** Therese Carmel Bernarding, Alfie McKenna, Winifredo Gurat, Peter Hendry, Gerard Hurley, Joshua Wilkins, Francisco Mendes, Maria Ieroinni & Fr Brian Ebert & Fr Phillip Harding. *May they all rest in peace.*



**Children's Liturgy**



**Children's' Liturgy Volunteer**

We are seeking a volunteer to Join our 2 other team members. This is a very popular ministry run during the 10am Mass on Sundays during school terms. You will be given support & guidance. Our current volunteers cover 1-2 weekends per month. Please speak with Fr Emil or contact the office to find out more & how you can be involved in this fun & valuable faith formation for our children.

**Vocations Dinner: Archbishop's House: Thu 16**

**Oct 6pm.** For men interested in discerning a call to the Priesthood. A hearty meal provided with insightful discussions & prayer. **RSVP** to the Vocations Director Fr Emil 0414 523 036 [emil.milat@cg.org.au](mailto:emil.milat@cg.org.au).



**Our Parish Welcomes**

Charles Bartholomew through the sacrament of Baptism this weekend. May he be richly blessed with God's presence & feel the support of our Parish & his family.

**ROSTERS FOR PARISH 20/21 September 2025**

25<sup>th</sup> Sunday in Ordinary Time, Year C/1

**Commentators and Lectors**

6.00pm A Potanin & V Pembrey  
8.30am E Tsen & M Tsen  
10am S van der Linden & J Wilson

**Extra-ordinary Ministers of the Eucharist**

6.00pm J Grima  
8.30am J Coyte  
10am B Wilson

**Acolytes:**

6.00pm M Fitzsimons  
8.30am P Collins  
10.00am M McAppion

**Music Ministry:**

6pm Volunteer please  
8.30am S Fatiaki  
10.00am C Walshe & D Tantri

**Altar Servers:**

Trained servers please volunteer at Mass  
**Church Linen September:** S de Silva

**Welcome Ministry:**

6.00pm P Verdon  
8.30am P Heffernan  
10.00am S Topp

**Altar Care (September 15):** R Usback

**SAFEGUARDING SUNDAY - 14 SEP 2025**

**WE ARE A SAFE, HOPE-FILLED AND WELCOMING CHURCH**



**Safeguarding Sunday, 14 September** Today we are gathered on Safeguarding Sunday, a day when we pause to focus on our responsibility to protect & care for those who are vulnerable. In the Bible, we find a clear & strong message about justice, compassion, & speaking up for those who cannot speak for themselves. We are called to be a safe, welcoming & hope-filled church. In our everyday lives, let's be mindful of those around us who are vulnerable or marginalised. Who are the "silent" ones in our society, the ones without a voice?

Today, God may be calling you to stand up for them. Whether it's through prayer, support, or direct action, we are invited to participate in God's work of justice.

**A reminder** that If you need to communicate any concerns in our Parish, please contact Fr Emil, the Parish Office or one of our Safeguarding contacts displayed on the posters on the main church notice boards & our website.

**Code of Conduct:** All parishioners are welcome to read & sign a Code of Conduct to support our efforts in keeping everyone safe in our community. There are hard copies on the back table of the church & soft copies on our website or you are welcome to contact the office. All volunteers should have a current signed CoC (they expire every 3 years).