

OUR PARISH
Contact the Parish Pastoral Council through the office email.

OUR PARISH MISSION:
"All the Church, all the Gospel, all the people, all the time"

OUR PARISH VISION:
All the Church - we will **WORSHIP** with an open heart.
All the Gospel - we will celebrate the **WORD** with joy.
All the People - we will care for the **WELFARE** of all.
All the Time - we will maintain our **WORKS** with integrity.

OUR PARISH SCRIPTURE
"Refresh my heart in Christ" - Philemon 1:20b

OUR PARISH SAFEGUARDING COMMITMENT
MHoC Parish & the Archdiocese of Canberra & Goulburn are committed to the care, wellbeing & protection of children, young people & people at risk in our community. If you need to communicate any concerns, please contact one of our Parish Safeguarding Contacts displayed on the posters on the main church notice boards & our website.

 **Our parish is supported by CCTV and S1 Security. Smile!**

THIS WEEK IN THE PARISH (11 - 17 Oct)

Remember to turn your phones off when in the church. A prayerful silence is respectfully requested as we gather to celebrate Eucharist.

Sacred Heart Church Mass & CS Times:
28th Sunday in Ordinary Time Psalter Wk 4, Yr C/1
 Sat: 5.35pm Rosary, 6:00pm **Mass**
 Sun: 8.30am & 10am **Mass**
 Mon: 8.30am **CS** Tues: 5.30pm **Mass**
 Wed: 8.30am **Mass** Thu: 8.30am **Mass**
 Fri: 8.45am Morning Prayer of the Church, 9.00am Rosary, 9.30am **Mass**
 5.00pm - 6.00pm Evening Prayer & Adoration

The Pines Living, Farrer, Mass 11am held on the last Thursday of the month. *Next date: 30 Oct.*



Goodwin Village, Mass 9.30am held on the last Saturday of the month. *Next date: 25 Oct.*

RECONCILIATION (Confession):
Saturdays 11am-12pm (or by appointment).
FATIMA DEVOTIONS: Next date: Sat 1 Nov 2025
 'The Five First Saturdays' Held on the 1st Saturday of the month: **Mass 9.30am**, followed by **confessions** with **benediction 10.30am**, concluding with a **Marian Movement of Priests cenacle**. See blue flyer.

BAPTISMS: Baptism information please see our website or contact the parish office.

WEDDINGS: By appointment, at least 6 months notice is essential. Phone the Office for details.

The BLESSED SACRAMENT CHAPEL
is open daylight hours each day for Adoration & quiet prayer. The chapel is not to be used while Mass is being celebrated. Please do not leave cut flowers or candles in the Chapel.

Mary Help of Christians Parish
South Woden, PEARCE ACT

Parish Priest: Father Emil Milat

Parish Office: 115 Hodgson Cres, PEARCE ACT 2607 Ph: 02 6286 1908



Office Manager: Melanie Kerr Office Hours: 9am – 3pm Tuesday - Friday; (Closed from 1pm Wednesday)

Parish email address: wodensouth@cg.org.au WEBSITE address: www.mhoc.org.au

Sacramental Programmes: Christina Erwin - wodensouth.sacraments@cg.org.au

For information on how to join planned giving or donate to our parish see our website: www.mhoc.org.au/planned-giving/

Our parish acknowledges & celebrates the original custodians of this sacred land & we commit ourselves to the ongoing journey of reconciliation.





RCIA & Adult Faith Formation - Parish Hall Spring Session: Sun 19 October 11.30am. 

Held after the 10am Mass. We will watch a video & discuss St Cardinal John Henry Newman, who has recently been made a Dr of the Church. This will also be the **first** RCIA session for those thinking about becoming Catholic or full initiation into our Church. *Speak with Fr Emil for more info.0414523036.*

Marian Procession 2025 Sunday 26 October

Join us on Sunday 26 October in Goulburn, for the annual Marian Procession. This year's celebration will be a vibrant display of **unity, prayer, & peace**, bringing together people of all ages, cultures, & Christian traditions. As Archbishop Christopher Prowse reminds us: *"It is time we show-case unity. It gives a good example to the world."* Come with family & friends, walk in procession, pray the Rosary, and gather for Mass as we honour Our Lady and pray for peace in our world. Be part of this beautiful day of fellowship and community! For those not wishing to drive to Goulburn there will be a **Day Bus Trip** to the Marian Procession. Pick-up & drop-off from St John Vianney Primary School Bus Zone, Waramanga, ACT. Cost: \$47pp – seats are limited! Book now via email: westoncreek@cg.org.au or the Qkr! App (Our Lady of the Annunciation Parish). 

Kairos Outside Canberra #21 for Women 

Have you or has someone you know experienced having a loved one in prison? Kairos Outside provides support for female relatives or friends of a current or former inmate. We are holding a weekend with a safe & understanding environment on **24-26 October**. Contact: Teresa Millynn 0414737476, kocanberraldr@kairos.org.au, Sue Hodges 0424011154, kocanberra@kairos.org.au, or Kairos Support Office info@kairos.org.au or phone 02 9987 2016. Web: <http://kairos.org.au> Pray: <https://signup.com/go/nvkvTLW>

90th Anniversary of St. Patrick's, Braddon 20 Oct

Former students who attended St Patrick's School (Our Lady of Merch School) in Braddon are warmly invited to join the 90th Anniversary of its founding to be celebrated with Mass on Sunday, 19 October by Archbishop Christopher Prowse at 8am or on Monday, 20 October at 12.30pm celebrated by Fr Sebastian Luistro SSS. Light refreshments will be served on both days.

Coming up in the Parish:

Thursday 16 October

- ♦ Friendship Group - Morning tea - Hall
- ♦ Baptism Preparation Evening - 7pm - Hall

Sunday 19 October - World Mission Day

- ♦ Children's liturgy during the 10am Mass
- ♦ RCIA/Adult Faith Formation - 11.30am *see notice*

Tuesday 21 October

- ♦ MenALIVE - Hall - 7-8am, Morning Men's

Wednesday 22 October


- ♦ School of Religion - Hall/Church - 4pm

Thursday 23 October

- ♦ Friendship Group - Hall - 10am - Guest speaker Karen Flood on 14 years as a prison chaplain

Women's Retreat day "Jesus heals the wounded heart" - 25 October hosted by 'Call to Connect' and supported by the MGL Sisters. The day includes short talks, sharing in small groups, personal prayer & reflection, adoration, reconciliation and prayer ministry. Registration and morning tea 8.45-9.30am on 25 October, at Holy Spirit Parish Rooms and Church, Amaroo. For more information & to register, go to <https://events.humanitix.com/jesushealsthewoundedheart>


Sunday Mass on ANU Campus at 5pm, 12 Oct

The ANU Catholic Society & John XXIII College invite you to celebrate the feast of Pope St. John XXII on Sunday, 12 October, at St. John the Evangelist Chapel at ANU. Mass is at 5pm, with Holy Hour beforehand. The Mass will be celebrated by Fr. Laurie Foote, O.P. Following Mass there will be refreshments and an address by Fr. Laurie on the topic of the life and legacy of Pope St. John XXIII. 

Archbishop's Day of Teaching for the Renewal

Come to the 11th Archbishop's Day of Teaching for Charismatic Renewal on Saturday **8 November**, 8:30am to 4:00pm at St Peter Chanel's Church, Weston St, Yarralumla. Archbishop Christopher Prowse and Brother Lalith Perera (CRL, Sri Lanka) will speak on the Jubilee theme 'Pilgrims of Hope'. Talks, praise and worship, Holy Mass, Healing prayer-ministry, morning tea & Sausage Sizzle lunch - all free! A collection will be taken. To register: <https://shorturl.at/6WK7C> or call 0423 658 326.

Children's Liturgy Children's Liturgy Volunteer

 We are seeking a volunteer to Join our 2 other team members. This is a very popular ministry run during the 10am Mass on Sundays during school terms. You will be given support & guidance. Our current volunteers cover 1-2 weekends per month. Please speak with Fr Emil or contact the office to find out more & how you can be involved in this fun & valuable faith formation for our children.

Our Parish Welcomes

 Rocco Banjavcic through the sacrament of Baptism this weekend. May he be richly blessed with God's presence & feel the support of our Parish & his family.

Synodal Formation Series. Explore what synodality, evangelisation & charisms actually mean through input from Archbishop Christopher Prowse, panel of practitioners & Conversation in the Spirit.


Session 2: Evangelisation: How do we approach evangelisation in a synodal way? 21 Oct 5:30-8:30pm

Session 3: Charisms: How can I grow as a missionary disciple, living & leading through my charisms? 20 Nov 5:30-8:30pm

REGISTER for each session via the link: www.cgevangalisation.org.au/events/series 

Please remember all of our faithful departed:

Recently deceased: Lorraine Ding, Cecily Little, Mary Moore.

Anniversaries: Chacko Matthew, Salvatore Servello, Fr Brendan McDonagh & Fr Lloyd Reynolds.  *May they all rest in peace.*

ROSTERS FOR PARISH 18/19 October 2025

29th Sunday in Ordinary Time, Year C/1

Commentators and Lectors

6.00pm	L McNicol & V Pembrey
8.30am	M Louis & J Pearson-Lee
10am	S Topp & M Fisher

Extra-ordinary Ministers of the Eucharist

6.00pm	A Pantano
8.30am	M Tsen
10am	B Usback

Acolytes:

6.00pm	A Smith
8.30am	G Joseph
10.00am	G Selleck

Music Ministry:

6pm	Volunteer please
8.30am	S Fatiaki
10.00am	C Walshe & D Tantri

Altar Servers: Trained servers please volunteer at Mass

Church Linen October: P Cullen

Welcome Ministry:

6.00pm	R & F Armstrong
8.30am	N Hately
10.00am	F Pelosi

Altar Care (October 13): V Bray